



MIDLAND SWIMMING
YOUTH CHAMPIONSHIPS 2009
 (Combining East Midland and West Midland Regions)
COVENTRY SPORTS CENTRE
SATURDAY & SUNDAY 2nd & 3rd MAY
 (Under ASA Laws and ASA Technical Rules of Swimming)



QUALIFYING TIMES

(AGE AT 14th JUNE 2009)

POOL LENGTH 25 METRES

MALE					EVENT	FEMALE				
15	16	17	18	19/Ov		14	15	16	17	18/Ov
27.0	26.4	26.1	26.1	26.1	50m Freestyle	30.0	29.4	29.2	29.2	29.2
59.6	58.1	57.3	57.3	57.3	100m Freestyle	1:05.5	1:04.5	1:03.7	1:03.6	1:03.6
2:09.7	2:06.5	2:04.9	2:04.9	2:04.9	200m Freestyle	2:20.9	2:18.5	2:17.0	2:15.9	2:15.9
4:33.9	4:27.8	4:23.5	4:23.5	4:23.5	400m Freestyle	4:54.1	4:49.2	4:47.2	4:45.1	4:45.1
9:22.2	9:09.8	9:02.3	9:02.3	9:02.3	800m Freestyle	9:50.2	9:43.5	9:39.0	9:38.0	9:38.0
17:46.4	17:22.3	17:09.9	17:09.9	17:09.9	1500m Freestyle	19:13.4	18:51.7	18:37.1	18:35.3	18:35.3
34.1	33.2	32.8	32.8	32.8	50m Breaststroke	37.7	36.9	36.6	36.5	36.5
1:14.8	1:12.8	1:11.6	1:11.6	1:11.6	100m Breaststroke	1:21.5	1:20.5	1:20.0	1:19.0	1:19.0
2:42.3	2:38.7	2:35.5	2:35.5	2:35.5	200m Breaststroke	2:56.0	2:53.6	2:52.3	2:51.3	2:51.3
29.4	28.8	28.3	28.3	28.3	50m Butterfly	32.6	31.9	31.7	31.6	31.6
1:05.3	1:03.9	1:02.6	1:02.6	1:02.6	100m Butterfly	1:12.0	1:11.1	1:10.4	1:09.7	1:09.7
2:23.5	2:20.9	2:17.2	2:17.2	2:17.2	200m Butterfly	2:37.3	2:34.2	2:32.9	2:31.3	2:31.3
30.8	29.8	29.5	29.5	29.5	50m Backstroke	33.8	33.3	32.9	32.8	32.8
1:06.1	1:04.5	1:03.3	1:03.3	1:03.3	100m Backstroke	1:12.6	1:11.2	1:10.6	1:10.3	1:10.3
2:22.3	2:19.1	2:17.4	2:17.4	2:17.4	200m Backstroke	2:35.4	2:32.2	2:30.5	2:29.2	2:29.2
2:25.9	2:22.7	2:20.5	2:20.5	2:20.5	200m Ind Medley	2:38.9	2:36.3	2:35.0	2:33.8	2:33.8
5:08.4	5:01.9	4:57.4	4:57.4	4:57.4	400m Ind Medley	5:33.3	5:28.1	5:24.7	5:23.4	5:23.4

REMEMBER - AGE IS AS AT 14th June 2009

ALL TIMES TO BE ACHIEVED BETWEEN 1st OCTOBER 2008 and 7th April 2009

Entry times for all events must be achieved in licensed competition

Dependent on the number of entries the slowest competitors may be rejected at the discretion of the promoter.