Licenses: 3WM220910

Halesowen Swimming Club 60th Anniversary Club Championships 2023







CLUB CHAMPIONSHIPS 2023

Entries are now open!

We are excited to invite members to our 60th Anniversary Annual Club Championships event.

This yearly internal competition is a fun event for competitors and their families, who are all invited to come along and cheer for our swimmers as they put into practice what they have learnt in training and swim their best.

Club Championships are often the starting block for inexperienced swimmers to swim competitively under Swim England rules, proving to be an excellent testing ground for young & experienced swimmers alike.

Swimmers are encouraged to enter all events at club champs to better their personal best times for each stroke over varying distances, identifying strengths & weaknesses in their skills, trial new methods and to ensure they are in line with Swim England regulations.

The competition also provides a platform for more experienced swimmers to secure Worcester County and Regional qualifying times early in the season, in preparation for the competitions in February/March and April/May 2024 respectively.

Most importantly, the event presents a fantastic opportunity for our club to come together, recognise and celebrate our swimmers' magnificent progress.

Andrea Stephens

Interim Chair

Jane Cuthbert

President

Josh Bradley

Head Coach



Promoters Conditions and Information

- 1. The competition will be held under ASA Law and Technical Rules.
- 2. Venue: Halesowen Leisure Centre.
- 3. Session times and dates are stated on the event programme.
- 4. Warm-up may be split at the organiser's discretion.
- 5. Over-the-top starts will be used when necessary to maintain the scheduled timing of events.
- 6. The 'One Start Rule' will apply.
- 7. Any swimmer abusing these facilities will be barred from further participation in this meet.
- 8. Event Order The order of swimmers in each event is from slowest to fastest based on the times held by the club. Where no time is held, an estimated time will be given. Only the last heat in each event will be 'spearheaded'.
- 9. Heat Declared Winners Each event in the Championships is run on a 'heat declared winner' (HDW) basis, which means that swimmers from all age groups race in heats in the order from slowest to fastest. Therefore, the winner from each age group is decided by the recorded time, not by the position achieved in each heat.
- 10. The Referee's decision on all matters is final in all sessions and events.
- 11. All age group entries are on the final day of the year of competition.
- 12. All swimmers must be current members of Halesowen Swimming Club and must have yet to take part in the Championships of another Club in the same year.

 Members not training regularly in main sessions can only participate on a time trial basis.
- 13. Entries for this meet will be held on a computer, and as required by the Data Protection Act 2018 (GDPR), permission to store such personal data will be deemed to have been given by the submission of an entry.
- 14. Entry will be completed via Swim Manager for £3.00 per event (£30 maximum per person). The closing date is <u>Friday 8th September 2023</u>. Entries after this date will be restricted to new members only. Late entries are at the discretion of the promotor.
- 15. All entries will be accepted there will be no number restriction.
- 16. Tied Races The finishing positions of swimmers of the same age group in the same heat are decided by the Referee. In the event of a tie between swimmers of the same age group in different heats, awards are given to each swimmer on a 'dead heat' basis.



- 17. Medals & Presentations Gold, silver and bronze medals will be awarded for 1st, 2nd and 3rd places for boys and girls in the age groups 7 & under, 8, 9, 10, 11, 12, 13, 14, 15, 16+ and Masters (25+). Medals will be presented to swimmers aged 9 and under for the one-length events only during each Championships session. Medals for all other swimmers will be available for collection during each session at the medal desk there will be no presentation for these swimmers to ensure good gala management.
- 18. Trophies for swimmers aged 7 & under, 8 and 9 there is a trophy for the winning boy and girl and for each age group and each stroke.

There are trophies for the winners of the Ladies' and Men's Masters (25+) one-length Freestyle events.

For the age groups 10, 11, 12, 13, 14, 15, and 16+, trophies are awarded to boys and girls for the highest points achieved in combined stroke events.

The combined events are 100m & 200m of each stroke, 400m & 800m/1500m freestyle and 100 & 200 Individual Medleys.

Points System:

FINA Points are awarded for the time swam in each event (the faster the swim, the higher the points), which are added together to decide the winner. Swimmers must compete in both events to be eligible for a trophy.

In the event of a tie, the trophy is awarded to the swimmer achieving the fastest time in the longer distance. <u>Members who compete but do not train regularly at the club</u> are not eligible for a trophy.

A trophy is awarded to the swimmer who lowers a Club Championship record by the most significant percentage margin or closest to a form where none has been broken. In the event of a tie, the trophy is awarded to the swimmer achieving the time in the longer distance event.

All trophies are awarded at the Club's Presentation Evening.

Trophies remain the property of Halesowen Swimming Club, and members are responsible for their care for the period they are held. Trophies must be returned promptly when requested by the Club.



Medals & Presentations Continued:

We will hold our annual club presentation evening on <u>Saturday 3rd February 2024</u> to celebrate our swimmers and coaches' achievements.

Swimmers are presented with their trophies, and certificates won during the club championships.

Please note:

The 1500m, 800m, 400m and 400IM events will be held at our new & first open ever meet, a long-distance qualifier on <u>Saturday 18th November</u>.

<u>Trophies for long distance events will be determined from the HSC meet results. It is important to still compete in the event combination to win the awards.</u>

Details of how to enter these events will follow in due course.

Key Information:

Further details including times, dates and how to enter, are shared below.

This information is also in the documents folder on swim manager

- Session 1: Friday 22nd September 2023
- Session 2: Sunday 1st October 2023
- Session 3: Friday 20th October 2023
- Session 4: Friday 27th October 2023
- Distance Open Meet: Sunday 12th November 2023
- Session 5: Sunday 19th November 2023

All 25m events are open for 7, 8 and 9 years only (except the separate master's trophy event (25+ men and women)).

All 50m events are for 9 years and over as a means to "get times on the board".

All other events are for 10 years and over, only.



How to Enter:

Please **complete both** the paper entry attached and an entry via Swim Manager as follows:

- 1. Log onto the Swim manager account
- 2. Click on "Meets" (Left-hand side of the page)
- 3. Click "Enter Meet" next to the name of the entrant
- 4. Tick in the entry column of the event you wish to enter

<u>Entries for the event will close on Friday 8th September 2023</u>. All entries must be on time to be accepted.

Please note that although all the events are listed, <u>only enter the events</u> <u>your child/children are eligible to enter</u>, as Swim Manager will allow the entry.

Ages are at 31/12/2023

It would be best to do the entry on a desktop or laptop, as the mobile phone app has limited functionality.

Charges remain the same as last year, £3 per event to enter, capped at £30 per swimmer.

This year we are asking for a small spectator fee of £1 per adult at each event.



Halesowen Swimming Club 2023 Club Championships

Affiliated to the ASA West Midland Region and under ASA Laws and Technical Rules. Ages as of 31st December in the year of competition. All events are Heat Declared Winners (HDW).

Girls Events

Boys Events

Session 1 – Friday 22nd September, Halesowen Leisure Centre, 18:15 warm up License number: XXXXXXXXXX

Event 2. 200m Breaststroke (10 to Open)
Event 4. 25m Freestyle (9 & Under)
Event 6. 50m Butterfly (10 to Open)
Event 8. 25m Butterfly (9 & Under)
Event 10. 100m Freestyle (10 to Open)

Session 2 – Sunday 1st October, Halesowen Leisure Centre, 12:00 warm up License number: XXXXXXXXXX

Event 11. 200m Freestyle (10 to Open)	Event 12. 200m Freestyle (10 to Open)
Event 13. 25m Backstroke (9 & Under)	Event 14. 25m Backstroke (9 & Under)
Event 15. 50m Breaststroke (10 to Open)	Event 16. 50m Breaststroke (10 to Open)
Event 17. 25m Breaststroke (9 & Under)	Event 18. 25m Breaststroke (9 & Under)
Event 19. 100m Backstroke (10 to Open)	Event 20. 100m Backstroke (10 to Open)

Session 3 – Friday 20th October, Halesowen Leisure Centre, 18:15 warm up License number: XXXXXXXXXX

Event 21. 200m Butterfly (10 to Open)	Event 22. 200m Butterfly (10 to Open)
Event 23. 50m Freestyle (25+)	Event 24. 50m Freestyle (25+)
Event 25. 100m Breaststroke (10 to Open)	Event 26. 100m Breaststroke (10 to Open)
Event 27. 25m Freestyle (25+) Trophy Event	Event 28. 25m Freestyle (25+) Trophy Event
Event 29. 50m Freestyle (10 to Open)	Event 30. 50m Freestyle (10 to Open)

Session 4 – Friday 27th October, Halesowen Leisure Centre, 18:15 warm up License number: XXXXXXXXXXX

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Event 31. 200m Ind. Medley (10 to Open)	Event 32. 200m Ind. Medley (10 to Open)
Event 33. 50m Backstroke (10 to Open)	Event 34. 50m Backstroke (10 to Open)
Event 35. 100m Butterfly (10 to Open)	Event 36. 100m Butterfly (10 to Open)

Session 5 - Sunday 19th November, Halesowen Leisure Centre, 12:00 warm up License number: XXXXXXXXXX

Event 37. 200 Backstroke (10 to Open)	Event 38. 200 Backstroke (10 to Open)			
Event S5-A. 50m Choice (25+) (Time Trial)	Event S5-B. 50m Choice (25+) (Time Trial)			
Event S5-C. 25m Fc Challenge (9 & under)	Event S5-D. 25m Fc Challenge (9 & under)			
Event S5-E. 25m Fc (Age 10 & 11 in widths)	Event S5-F. 25m Fc (Age 10 & 11 in widths)			
Event 39. 100m Ind. Medley (10 to Open)	Event 40. 100m Ind. Medley (10 to Open)			
Event S5-G. Parents/Coaches vs Swimmers Relay				

^{*} Under SE competition rules, events highlighted in red are not licenced events.



Warm-Up Schedule

1. 1815-1830: (9 & under)

Lanes 1 & 6 - the weaker widths swimmers (stages 3/4/5),

Lanes 2 & 5 - stronger width swimmers (stages 5/6/7+),

Lanes 3 & 4 - the weaker Foundation swimmers (who usually swim in lanes 1 & 2)

2. 1830-1850: (10-12 year olds)

Lanes 1, 2 & 3 - Foundation

Lanes 3 & 4 - Skill Development

Lanes 5 & 6 - Continued Development (Majority)

3. 1850-1910: (12+)

Lane 1, 2 & 3 - Transition & CD (extras)

Lanes 4, 5 & 6 - Performance & Prepare



Individual Entry Form for <u>Licensed Events</u>

Age as 31st December 2023

Please ensure the details are correctly entered on the below form.

Gender	Male / Female		
Surname		Forename(s)	
DOB		Age as 31 st December 2023	
		December 2023	

	Write Entry Times for each Event								
Event	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15Yrs	16+ Yrs	Masters
50m Freestyle									
100m Freestyle									
200m Freestyle									
50m Backstroke									
100m Backstroke									
200m Backstroke									
50m Breaststroke									
100m Breaststroke									
200m Breaststroke									
50m Butterfly									
100m Butterfly									
200m Butterfly									
100m Ind. Med									
200m Ind. Med									

Entry Fee Enclosed	Total Races	Total		
Individual @ £3.00				
per event				
Or £30.00 if 10 or				
more				
	Declaration o	f consent		
Please tick each box (or str	ike out what you do not consent to), then s	sign this form.		
☐ I give permission for my child's photograph to be used within the club for display purposes.				
☐ I give permission for my child's photograph to be used in other printed publications.				
☐ I give permission for my child's photograph to be used on the club's website.				
☐ I give permission for my child's photograph to be used on the club's social media pages.				

I now declare that these particulars are correct and that I am an amateur by Swim England and abide by the conditions laid down by the Association/Club for this competition.

CICNATUDE	OF SWIMMER/PARE	NIT,	
SIGNALURE	UE SWIIVIIVIER/PARE	N I :	

All entries & fees must be submitted to a club representative by **Friday 8**th **September 2023.** Entries after this date will not be accepted. A separate entry per competitor.



Individual Entry Form for Unlicensed Events

Age as 31st December 2023

Please ensure the details are correctly entered on the below form.

Gender	Male / Female		
Surname		Forename(s)	
DOB		Age as 31 st December 2023	
000		December 2023	

Masters

Time

Trial

Event

25m Freestyle 25m Back 25m Fly 7/u

8yrs

9yrs

Write Entry Times for each Event

challenge

Widths

Parents

Masters

25m Breast					
50m Freestyle					
25m Relay					
Entry Fee Enclosed	Total Races	Total			
Individual @ £3.00					
per event					
Or £30.00 if 10 or					
more					
Declaration of consent					
Please tick each box (or strike out what you do not consent to), then sign this form.					
☐ I give permission for my child's photograph to be used within the club for display purposes.					
☐ I give permission for my child's photograph to be used in other printed publications.					
☐ I give permission for my child's photograph to be used on the club's website.					

I now declare that these particulars are correct and that I am an amateur by Swim England and abide by the conditions laid down by the Association/Club for this competition.

CICNATURE OF CHAMMED/DARENT.	
SIGNATURE OF SWIMMER/PARENT:	

I give permission for my child's photograph to be used on the club's social media pages.

All entries & fees must be submitted to a club representative by **Friday 8th September 2023**. Entries after this date will not be accepted. A separate entry per competitor.